

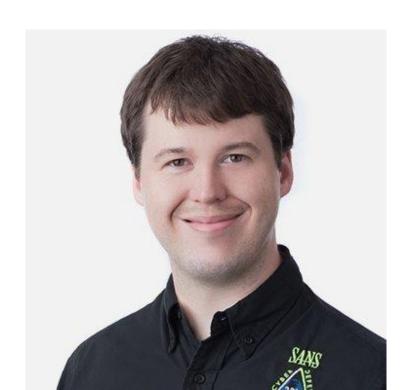
Destroying the Fog of War

Defenders' Three Tasks and How To Start Improving

Jeff McJunkin

About Me

Hi, I'm Jeff. Check the last slide if I've earned your attention by then.



Definitions

Attacker: The person attempting to gain unauthorized access to data (could also be worm, etc). A specific example of a threat.

Penetration tester: Someone who demonstrates the business risk stemming from technical flaws in systems. The in-scope systems could be applications, web servers, entire networks, or even entire companies.

Red teamer: ...let's not get into this today, okay?

Breach: More on this momentarily.

Attackers want your data (or money)



Therefore, you shouldn't have data be directly accessible online:

- Public S3 buckets
- MongoDB
- Elasticsearch
- Anonymous FTP servers
- Web servers with directory indexing
- MOVEit Managed File Transfer

Lesson learned: Know where your data is

It's probably not *only* inside your network (you share with vendors)

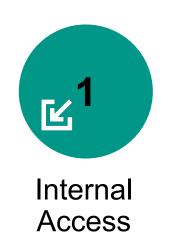
See also: The majority of Amazon S3 breaches

Image credit: https://github.com/woj-ciech/LeakLooker-X

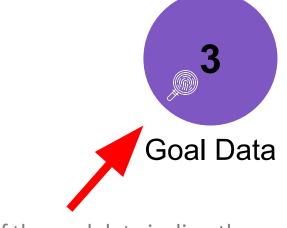


Let's Keep Things Simple

Three things that nearly all attackers want:







If the goal data is directly accessible, attackers will access it. Directly.

There's only five ways for an outside attacker to get internal access:

- 1. Phishing
- 2. Exploitable Public-Facing Services
- 3. Authenticating via Public-Facing Services (i.e., VPN/RDP/VDI)
- 4. Inserting Rogue Devices / "drop boxes" (onto LAN or WiFi)
- 5. Supply Chain Attacks

This step is <u>usually</u> necessary, because the important data is usually on an internal network. Plus, there's a lot more attack surface internally!

This one scales (Initial Access Brokers)

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These two are common, but targeted

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Rare outside of hospitality, higher ed, and corporate espionage

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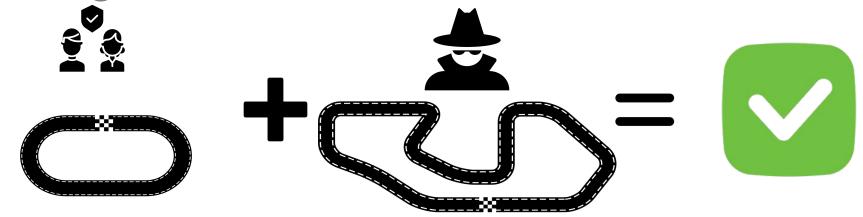
...mostly for nation states

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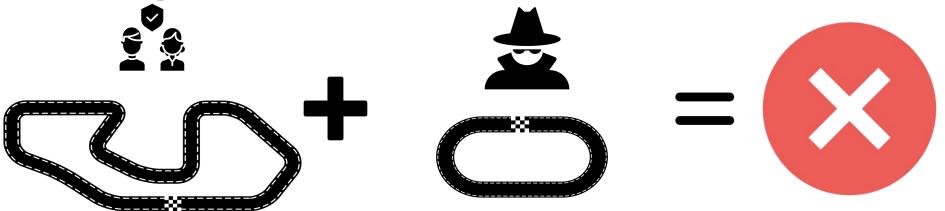
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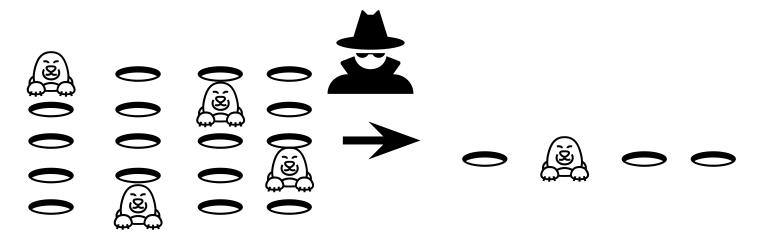


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Therefore, defenders have three objectives:

- 1. Reduce the number of ways attacker gain initial access
- 2. Lower the time to detect and respond to an attacker
- 3. Increase the time for an attacker to accomplish their goal



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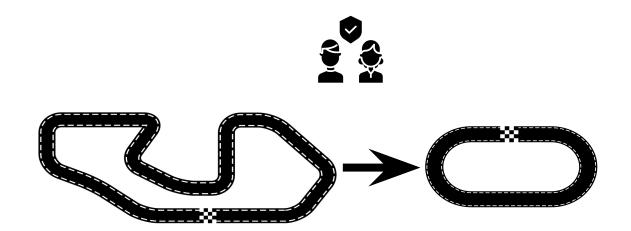
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Examples:

- 1. Consolidate to one method of remote support. Remove and monitor all for all others.
- 2. Minimize external attack surface (i.e., kill Exchange)
- 3. Lock down as many methods of code execution as possible from user endpoints (Office macros, AutoDDE, Quick Assist)

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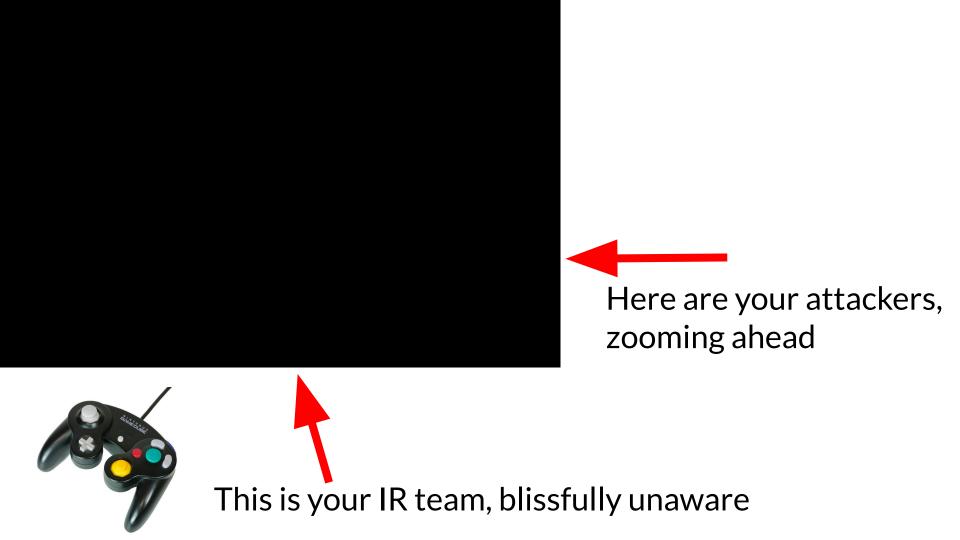
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Examples:

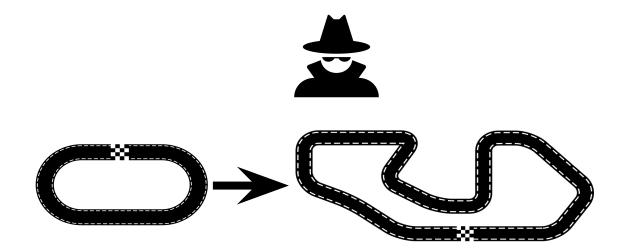
- 1. Alert on suspicious activity as soon as possible (more on this later)
- 2. Train and test your response capabilities given an infected machine, can you find the compromised user(s) and computer(s) that the attacker <u>also</u> compromised?





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If an attacker can get in <u>easily</u>, and gain access to data <u>quickly</u>, no detection and/or response capabilities will stop breaches. Buy yourself some time.

A well-defended environment



Demo Time!



A more common environment



Just to be clear...

I'm not crime-ing live









I like those! Let's do some variations for "Deadwood Digital Dynamics", please.













Here are the variations for "Deadwood Digital Dynamics". I've incorporated elements of Deadwood's history with modern tech aesthetics. Please take a look and let me know if these align with your vision or if any further tweaks are required!

Password Guessing

Password guessing needs just three things:

- 1. Usernames
- 2. Passwords
- 3. Some authentication service (ideally 1FA, backed by AD, exposed to the Internet)

Where do you get usernames? Guessing, PowerMeta, enumeration via Teams, LinkedIn, or just https://github.com/insidetrust/statistically-likely-usernames

Crowbar, Legba, Hydra, Metasploit modules, etc can all do the actual guessing - there are plenty of tools

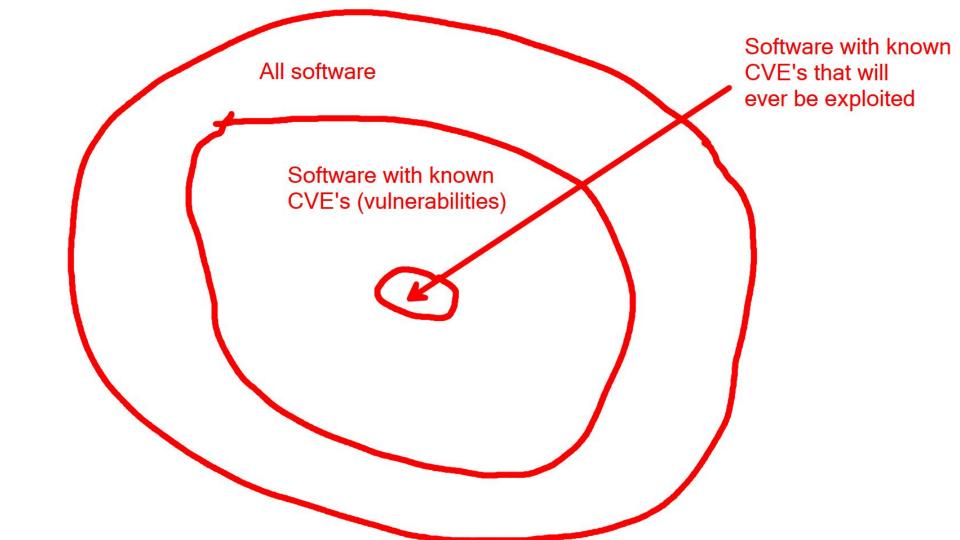
Invoke-PowerMeta -Download -Extract -TargetDomain txtsv.com

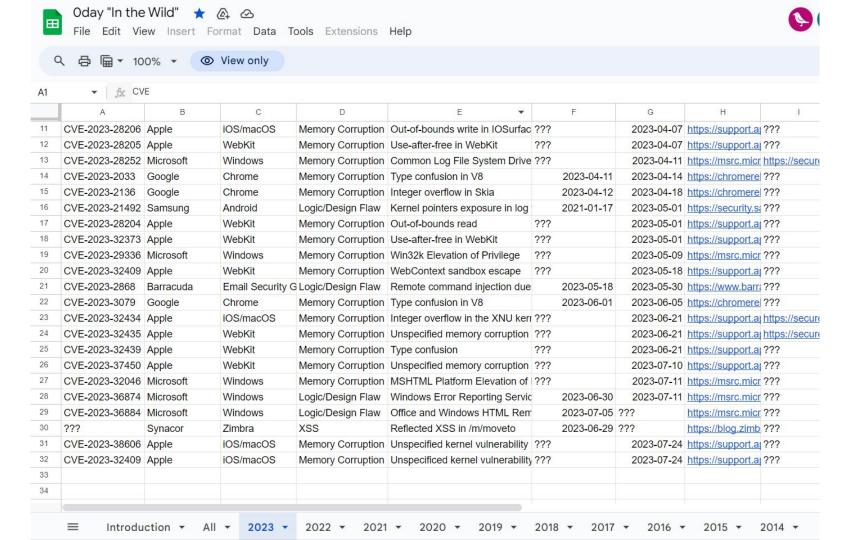
No Exploits Were Used In The Making of this Demo

The significant majority of real-world breaches take advantage of either zero or one patchable flaws

Why one? Initial Access Brokers doing masscan | nmap | exploit.py

"Out of our last 100 penetration tests, just <u>two</u> required exploitation to accomplish the goals." - John Strand, Black Hills Information Security





THE DFIR REPORT

cobaltstrike

ransomware

wmiexec

From ScreenConnect to Hive Ransomware in 61 hours

September 25, 2023

The execution of the file resulted in the installation of ScreenConnect. During the investigation, we observed that this initial access method required the end user to be a local Administrator, as less privileged users would cause the installation to fail. Around an hour after execution, the threat actor initiated discovery commands via ScreenConnect using standard Windows utilities like systeminfo, ipconfig, and net. A few minutes later, the threat actor proceeded to run a BITS transfer job to deploy a Cobalt Strike beacon.

THE DFIR REPORT



A Truly Graceful Wipe Out

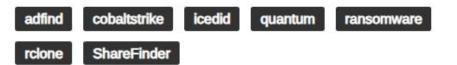
June 12, 2023

We also observed some other miscellaneous commands that we tend to see in every intrusion. These discovery commands collected information about the administrator groups and users. Although, there was one notable use of the tasklist command where threat actors used the /S parameter to retrieve the list of currently running processes from remote hosts.

```
quser
net group "Domain Admins" /domain
net group "Domain Controllers" /domain
net group /domain
net localgroup "Remote Desktop Users"
net localgroup Administrators
net user <user> /domain
nltest /domain_trusts
tasklist /S <IP of remote host>
```

THE DFIR REPORT

From the IcedID malware running via Rundll32, the following LOLBAS commands were observed:



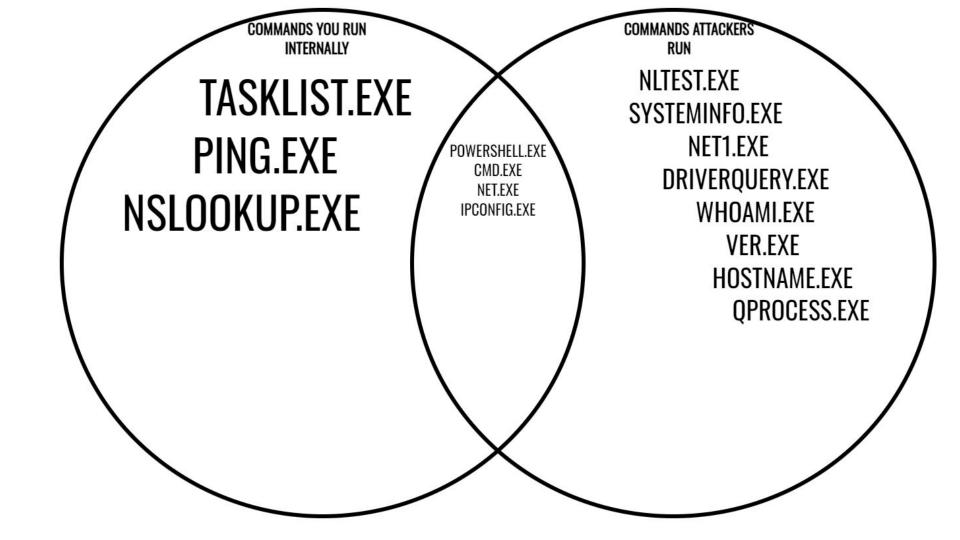
Malicious ISO File Leads to Domain Wide Ransomware

April 3, 2023

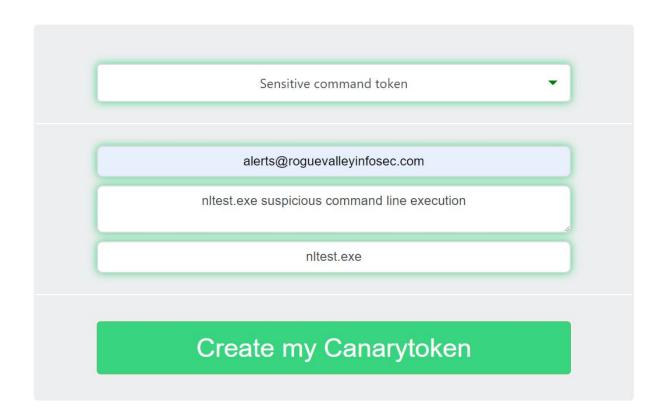
```
rund1132 C:\Users\
[REDACTED] \AppData\Local\Temp\easygoing.
dat, #1
        → nltest /domain trusts
/all trusts
        → nltest /domain trusts
        → net view /all /domain
        → net view /all
        → net group "Domain Admins"
/domain
        → cmd.exe /c chcp >&2
        → ipconfig /all
        → net config workstation
    → systeminfo
```

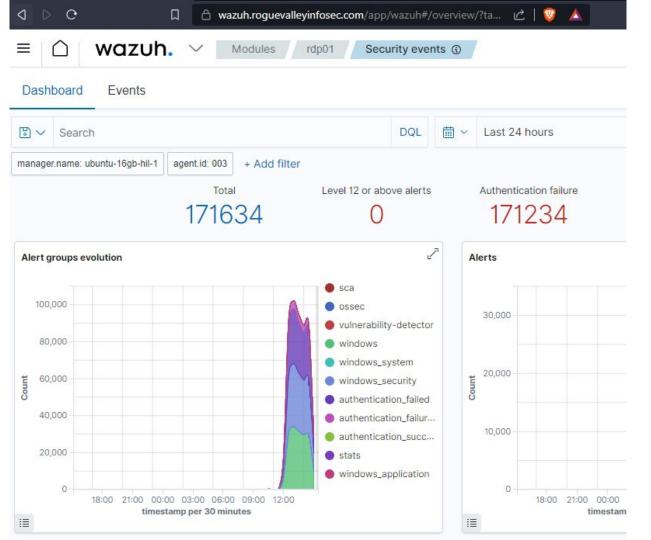












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If attackers can get in and win in an hour, you're boned.

How To Slow Down Attackers?

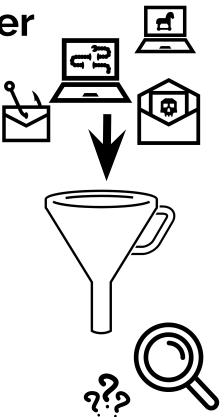
Read more at https://bit.ly/topattacks



Two Races: Attacker and Defender

Prevention is ideal, but it's impossible to prevent 100% of incidents.

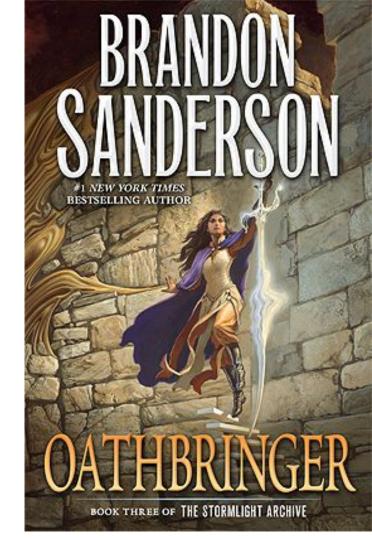
Therefore, focus on minimizing, detecting, and accelerating response to incidents.



"The most important step a person can take is always the <u>next</u> one."

- Brandon Sanderson, Oathbringer





First Steps

Have <u>something</u> to detect attackers (orgs have one detection by default):

- Test a Canarytoken on a lab or your own machine it's just a registry key!
- Deploy more of them via Group Policy (or Intune, ConfigMgr, etc)
 - o If you get false positives (vendor software running whoami.exe, etc), remove those entries
- More? https://bit.ly/findingattackers

Make sure attackers can't win near-instantly:

- Look through your automatically-mapped file shares. What could hurt you if exfiltrated? (Uber)
- How much data do you have in SharePoint, Teams, Slack, etc? (LAPSUS\$)
- More? https://bit.ly/topattacks

Questions?

Slides are online at https://bit.ly/killfog

Recording from WWHF 2023: https://youtu.be/JQ0fbm2XF7w

References:

- Credential stuffing: https://bit.ly/credstuffing
- Slowing down attackers: https://bit.ly/topattacks
- Finding attackers: https://bit.ly/detectingattackers
- AV evasion: https://bit.ly/bypassingav
- Learning from breaches: https://bit.ly/learningfrombreaches
- Home labs: https://bit.ly/kickasslab



Want resume/interview/mentoring help? https://calendly.com/rogueinfosec/mock-interview

My internet auntie (Lesley Carhart) is <u>wonderful</u>, but one person can only scale so far:)

Email: jeff@roguevalleyinfosec.com